

## PE CURRICULUM WILL LOOK LIKE...

High quality PE lessons taught each week.

Pupils looking forward to and enjoying PE sessions and physical activity. They can know what to do to progress in order to develop success.

Teachers and TAs feel confident in delivery of quality PE sessions.

A variety of sports and activities provided to all key stages.

Enrichment days/weeks around PE and health and physical activity e.g Skip2Bfit, health week, sports day etc.

## LINK TO WIDER COMMUNITY

Good links with clubs e.g. Boughton Cricket club, Hoole at Mickle Trafford Tennis Club, West Cheshire Athletics Club, Wheelchair Basketball, Karate.

Parents/families invited to first Friday Fun run.

School facilities used for community Sports holiday and evening clubs.

Links with Chester University Sports Students.

## HEALTH OF PUPILS AND SCHOOL COMMUNITY

Awareness of health and safety aspects in PE and school sport.

Active children – aim for at least 30 minutes per day including core subjects e.g. through the Golden Mile, super Movers.

Children actively taught elements of health and fitness during curriculum time.

Children and community provided with opportunities and encouraged to make healthy choices.



## 2020 Vision for PE and Sport

## LINKS TO WHOLE SCHOOL IMPROVEMENT

Developing EYFS outdoor provision.

Developing Assessment for Learning opportunities in PE (CPD for staff).

Developing mental health and well-being.

Engage families with physical activities.

Incorporate the school values in PE.

## EXTRA CURRICULAR PROVISION

Competitive intra-school sports leading to inter-school level 2 and regional level 3 competitions.

Clubs based around fitness and improving health and well-being as well as a range of sports and other activities.

To encourage a love of sport.

Opportunities for all children including SEN and G&T. Sensory circuits is currently a particular favourite with parents and children before school.

## OUTCOMES – PUPILS LEAVE THIS SCHOOL ...

- With an enthusiasm for sport and a willingness to try new activities to develop resilience in the face of challenges and difficulties.
- With fundamental skills of PE – and ability to apply this.
- Meeting the KS2 requirements for swimming.
- Knowing how to eat well, maintain an active lifestyle and physically and mentally healthy.
- With an appetite for competition in sports.